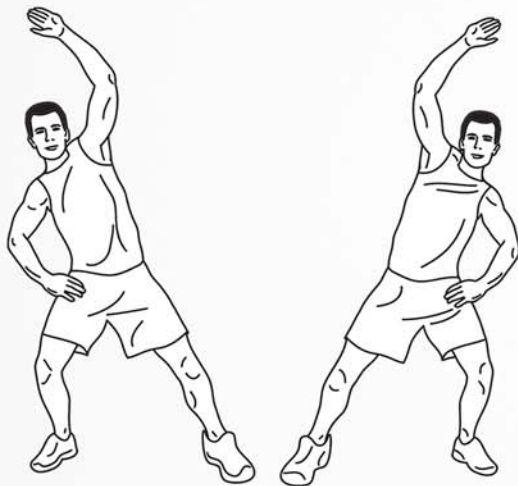


BELLY MELT

DAREBEE WORKOUT © darebee.com

5 sets | 2 minutes rest between sets



4 side jacks

10 jumping jacks

4 side jacks

10 jumping jacks

4 side jacks

10 jumping jacks

4 side jacks

10 jumping jacks

4 side jacks

10 jumping jacks

done

