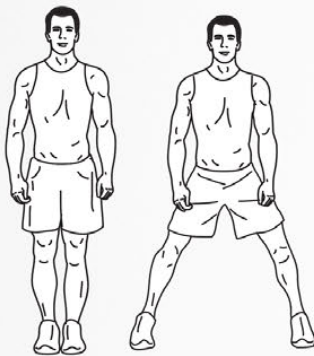


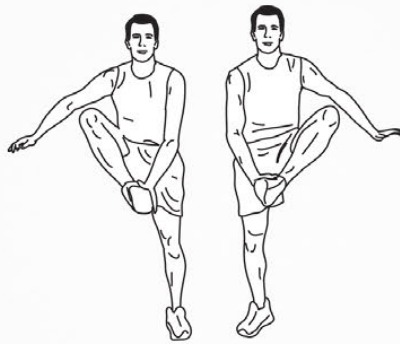
# HOT POTATO

DAREBEE WORKOUT @ [darebee.com](https://darebee.com)

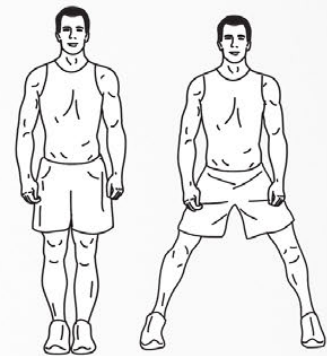
LEVEL I 3 sets LEVEL II 5 sets LEVEL III 7 sets REST up to 2 minutes



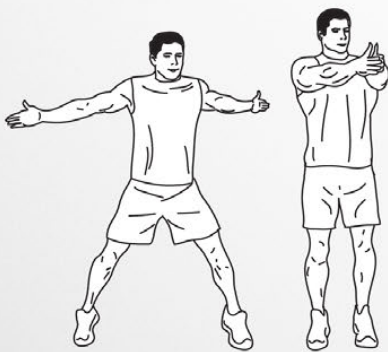
**10** half jacks



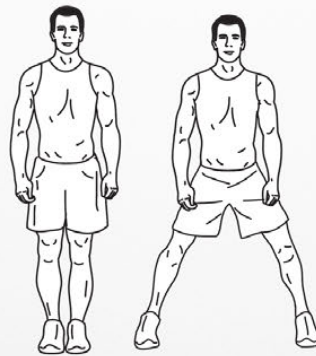
**10** hop toe taps



**10** half jacks



**10** seal jacks



**10** half jacks



**10** hop heel clicks