

STORY MODE

DAREBEE
WORKOUT

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Level I 3 sets

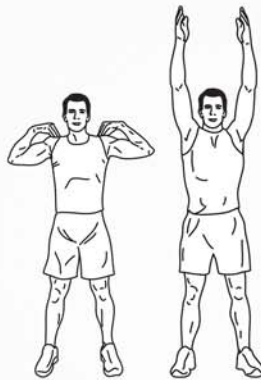
Level II 5 sets

Level III 7 sets

2 minutes rest



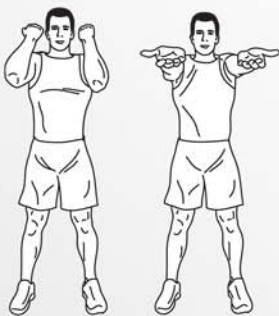
6 lunges



20 shoulder taps



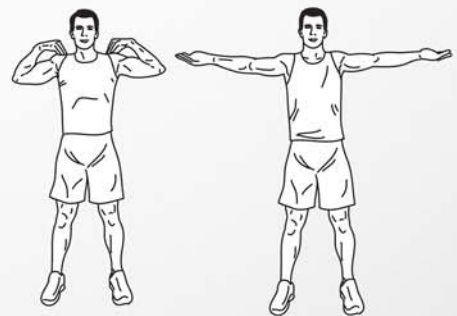
6 lunges



20 bicep extensions



6 lunges



20 side shoulder taps