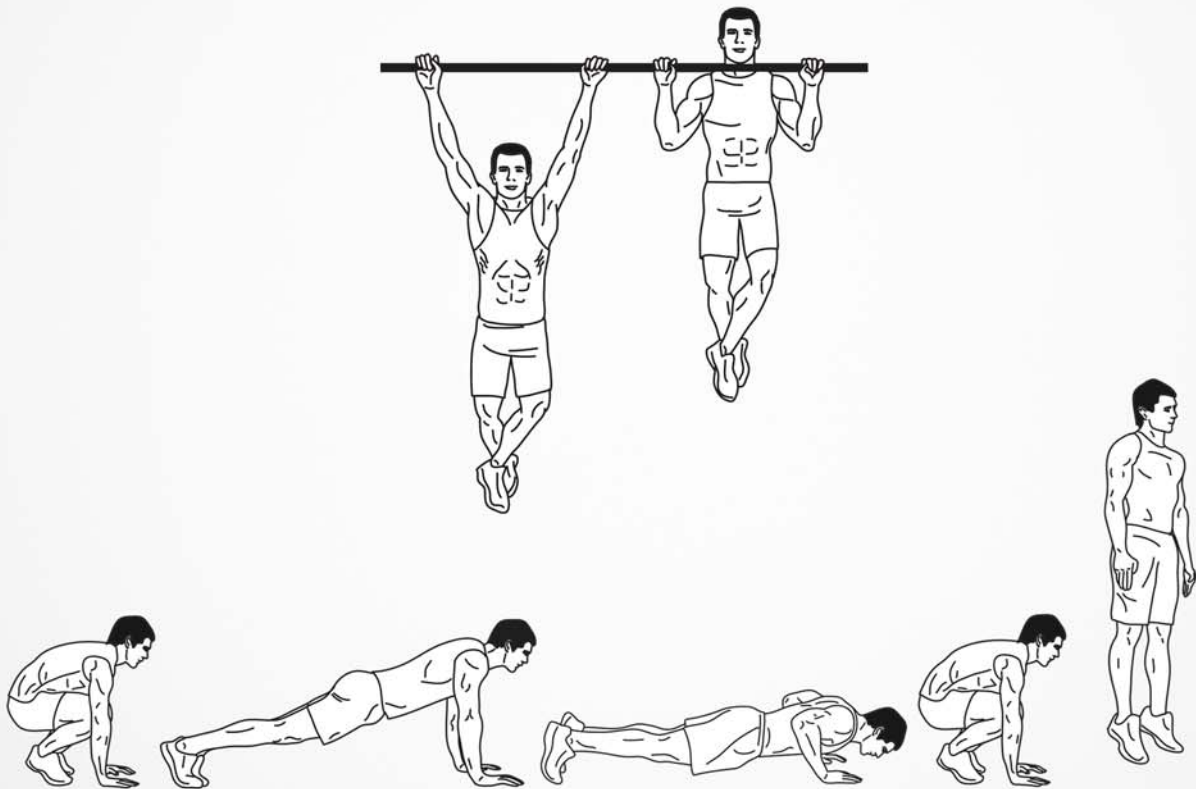


I AM WRATH

DAREBEE WORKOUT @ darebee.com



30 seconds

2 pull-ups + 2 burpees

30 seconds rest

repeat 5 times in total